



# VFQ Foundations Workshop

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Value, Flow, Quality (VFQ) is Emergn's approach to work-based education. It allows people to learn and adopt new, modern ways of working to deliver products, services, or ideas to market.

VFQ focuses on outcomes rather than the rollout of any one specific methodology. It's founded on the principle that lasting change requires transformative learning so people can acquire the best skills that apply to their work.

Our approach is influenced by the 70:20:10 Model for Learning and Development. Learning is not an isolated activity that is carried out separate from the workplace. Work and learning are intermingled, and the 70:20:10 model provides a framework for thinking outside the classes/courses/curriculum mindset of learning and focusing on the entire spectrum – workplace, social and formal.

We take a blended approach to deliver education based on the idea that different people learn in different ways. The most impactful learning happens when people understand things and apply those concepts directly in their work.

70 20 10

IN WORK LEARNING

COACHING

EDUCATION



## Workshop objectives

On completion of this workshop, participants will be able to confidently apply a thorough understanding of VFQ Guiding Principles and Essential Practices that go beyond specific Agile frameworks such as Scrum and Kanban.

## Cohort size

Because we are optimizing for learning, we limit each cohort to a maximum of 12 people, with a minimum of 8. We've found that doing this gives everyone a chance to ask questions, discuss and share ideas for changing the way teams work.

## Time allowance

This pathway is designed to maximize the outcomes by applying the learning to real work while taking into consideration the demands on people's time.

- Two 8-hour workshops

## Who is this workshop for?

The workshop goes beyond methodologies, it is for people who are supporting teams working within the organization to improve the way products, teams and projects run and function.

Value  
Flow  
Quality



# Workshop outline

The workshop is held over two days and runs for 8 hours each day. The workshop is a mixture of work-based activities, discussions and case studies. Participants are not expected to do any prerequisite reading before the workshop. Each session will be wrapped up with an explanation, and a discussion on how it might be applied within the participants' context.

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### Day 1

Covering the VFQ Guiding Principles and Essential Practices:

- Introducing the Guiding Principles and Essential Practices
- Understanding and setting goals
- Discovering and handling biases and heuristics
- The need for experimentation
- Value propositions

### Day 2

Covering the VFQ Guiding Principles and Essential Practices:

- Understanding your customer
- Delivering early and often
- Visualization
- Understanding the flow of work



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For more information about the VFQ Foundations Workshop, or any of our pathways,  
please contact us or visit [emergn.com](https://emergn.com)

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